ARE YOU:

1. A young person aged between **11 - 17 years old**?
2. Someone who has a **fear of vomit**, regular **panic attacks** or **no current mental health condition**?
3. Interested in participating in an online study to improve our understanding of vomit phobia in young people?

**STUDY RUN BY UNIVERSITY OF OXFORD FOR YOUNG PEOPLE ACROSS THE UK AND IRELAND**

We would like to explore similarities and differences in the thinking styles and behaviours of those with a fear of vomiting versus panic attacks.

**WHAT'S INVOLVED?**

Participants will be asked to complete some online questionnaires which should take around 45 minutes.

**ARE YOU ELIGIBLE?**

- Aged 11 – 17 years old
- Have a fear of vomiting, panic attacks or no current mental health condition
- Can read fluent English
- No diagnosis of autism spectrum disorder, a learning disability, suicidal intent or recurrent self-harm

**FOR MORE INFORMATION AND TO TAKE PART PLEASE EITHER:**

- **CLICK HERE**
- **SCAN HERE:**

**OR CONTACT:**
Hannah Cribben (Trainee Clinical Psychologist):
hannah.cribben@psy.ox.ac.uk

**PLEASE NOTE WE WILL NEED CONSENT FROM YOUR PARENT/GUARDIAN BEFORE YOU CAN PARTICIPATE**

**STUDY TITLE:** Understanding Thoughts and Behaviours in Emetophobia and Panic

**DEPARTMENT:** Oxford Institute of Clinical Psychology Training and Research

**ETHICS REFERENCE:** R79000/RE001